

# September Newsletter



## Dates for your diary

- ❖ Monday 28th - Friday 1<sup>st</sup> November - Half term
- ❖ Monday 4th November – Staff Training Day – no children in school
- ❖ Tuesday 5th November – School re-opens
- ❖ Thursday 19th December – Christmas Nativity
- ❖ Friday 20th December – Christmas Party – 1pm school closes for Christmas break
- ❖ Monday 6th January 2020 - Staff Training Day – no children in school
- ❖ Tuesday 7th January 2020 – School re-opens

## Invoices

We will be sending all new invoices to the main email address held on your child's registration. If this will not work for you, please let Jan know in the office

## Parent Communication

We will continue to post on our Facebook group and have now set up 'Information for parents' category on Tapestry. You will receive notification when new items are loaded i.e newsletters. If you want to talk to the Manager or Keyperson at any time or in private please ask. Concerns or request are important to us.

## Water Bottle

Please bring in daily or leave a named bottle at Pre-School. We feel the children may drink more this way.

## Slippers/Wellies/Clothes

Could you please ensure that your child has a pair of slippers /indoor shoes, wellies and a full change of clothes in the Pre-School bag supplied.

We also ask that your child wears suitable shoes and clothing for the weather conditions.

We do go outside in all but the worst conditions.

### Staffing

Francesca Baveridge was with us last year on a placement from college but we are pleased to announce that she has now joined us on a year apprenticeship.

### Looking for items

We are currently looking for any unwanted pots, pans, metal or plastic utensils/cookware, clothes and wellies.

### Healthy Lunch

Please consider the following guidelines when packing your child's lunchbox.

A lunch box provides a valuable contribution towards a child's nutritional requirements for a day; therefore they need to be both healthy and appetising.

A healthy lunch box should contain:

- A Good portion of starchy food, for example wholemeal roll or bread, pitta, pasta or rice salad
- Plenty of fruit and vegetables, for example an apple, satsuma, cherry tomatoes, cucumber or carrot sticks, raisins
- A portion of dairy food, for example cheese or yoghurt
- A drink, for example unsweetened fruit juice diluted 50/50 with water or water

Food that should be limited:

- Restrict foods high in fat, salt and sugar
- Do NOT include sweets or fizzy drinks

For further information visit [publichealth.hseci.net](http://publichealth.hseci.net) and type in..... Are you packing a healthy lunchbox?

### **Rising 5's from January**

In January we will be starting the Wednesday morning Rising 5' session. This is for children that are going to school in September 2020.

Could you please let Jan know if you would like to change or increase sessions in January.

### **School Playground Rules**

Could we please ask that you do not allow your child to scoot or ride their bike in the school playground

### **AGM Thursday 3rd October**

I am writing to invite you all to the AGM which is scheduled for 3rd October at 7.00pm. Our pre-school is run by the Board of Trustees which is made up of parents and community members, and the success of our pre-school is reliant on the voluntary commitment of these members.

If you are able to attend the AGM could you please consider the possibility of filling the following posts within the Board. These posts are vital to the continued running of our pre-school and will need to be filled at the AGM.

Posts available: Chair, Secretary, Treasurer and Members.

Anyone interested in these posts or would like further information please do not hesitate to contact Jan